

CONSENT FOR TREATMENT

Botox® is a neurotoxin produced by the bacteria Clostridium A. Botox® can relax the muscles on the areas of the face which can cause wrinkles associated with facial expressions. Botox is diluted to a very controlled solution and then injected into the muscles with a very thin needle. Most patients experience minimal pain. Patients may feel a slight burning sensation while the solution is being injected.

Dysport®: A treatment for facial wrinkles where a purified protein is injected into the facial muscles that cause undesirable wrinkles. This protein temporarily reduces their mobility thereby reducing the repetitive movements that cause undesired facial wrinkles. Please be aware that botulinum Toxin such as Dysport® is used in much higher doses for therapeutic reasons. This product may contain trace amounts of cow's milk protein. Patients known to be allergic to cow's milk products should not be treated with Dysport.

What is Dysport®/Botox®?

Botox®/Dysport® are a chemical called Botulinum Toxin type A. This is the same toxin known to cause botulism however it is very safe, well tolerated and effective for cosmetic improvement of facial lines. Treatment with Botox®/Dysport® can cause your facial expression lines to essentially disappear. Areas most frequently treated are: a) glabellar area or 'frown lines,' located between your eyes; b) crow's feet (outer areas of the eyes); and c) forehead wrinkles. A botulinum toxin has the potential risk of migration. This risk is greater in higher doses.

PRIOR TO INJECTION

The use of Aspirin, Advil, Aleve or other anticoagulants (blood thinners) may increase your risk of bruising caused by the injection of Botox®/Dysport®. To minimize the possibility of bruising it is suggested that the use of all blood thinning medications be halted 10 days prior to the injection of Botox®/Dysport®.

RISKS AND COMPLICATIONS

It has been explained to me that there are certain inherent and potential risks and side effects in any invasive procedure and in this specific instance such risks include but are not limited to: 1) Post treatment discomfort, swelling, redness and bruising, 2) Post treatment minor temporary droop of the eyelid (s) in approximately 2% of injections, this usually lasts 2-3 weeks, 3) Occasional numbness of the forehead lasting up to 2-3 weeks. 4) Transient headache, and 5) Flu like symptoms may occur.

PREGNANCY, ALLERGIES & NEUROLOGIC DISEASE

I am not pregnant and am not trying to get pregnant, I am not breast feeding (nursing), I do not have any significant neurological disease including but not limited to Myasthenia Gravis, Multiple Sclerosis, Lambert-Eaton Syndrome, Parkinson's or that I have any allergies to the toxin ingredients, or to human albumin.

GENERAL RISKS

- **PAIN, SWELLING & BRUISING:** Minor discomfort at the injection site is common any may persist for a few days following the treatment. A small amount of swelling, bruising, or an allergic reaction can sometimes be seen for several days at the injections site. Cooling of the skin after and/or prior to the procedure can help minimize this.
- **MALAISE, NAUSEA AND HEADACHE:** These symptoms can be experienced for a short time following the procedure, much like the onset of the flu.
- **UNEVENNESS:** The body is not symmetric, and sometimes the injections can have a more pronounced effect on one area more than the other.
- **OVER AND UNDERTREATMENT:** Sometimes the correction from the procedure will not achieve the full desired effect, and the injection may need to be **repeated. Alternatively, sometimes a muscle is sensitive and becomes more relaxed than desired. This leaves a temporary deformity from the loss of action of that muscle. The consequence will depend on the area of treatment, but may include, for instance, a droopy corner of the mouth, a droopy eyelid, inability to elevate the brow, or weakness in closing the eye.** If a problem with an eyelid muscle occurs, there can be dryness of the eye requiring eye drops, tearing of the eye, and light sensitivity.
- **DURATION:** This procedure is designed to render temporary muscular relaxation for three months on average. This may vary by patient but cannot be predicted by your doctor (or nurse practitioner), and the effect per patient may be a substantially shorter or longer duration.
- **ANTIBODIES:** It is possible that your body may form antibodies against the purified protein which could make future injections of no value. The frequency of injections is limited to no sooner than 3 months in order to avoid the formation of these antibodies.

RESULTS

I am aware that when small amounts of Botox®/Dysport® are injected into a muscle this usually causes temporary improvement in the wrinkle. This appears in 7-14 days with Botox® and 3-4 days with Dysport®. The treatment usually lasts 3-4 months but can be shorter or longer. In a very small number of individuals, the injection does not work as satisfactorily or for as long as usual. I understand that I will not be able to "frown" while the injection is effective but that this will reverse after a period of months at which time re-treatment is appropriate. I understand that I must stay in the upright position for a 4 hour period and should avoid heavy exercise or sweating for at least 12 hours. I understand I am not perfectly symmetrical to begin with and cannot expect perfection or perfect symmetry after my treatment.

I hereby voluntarily consent to treatment with Botox®/Dysport® injection for the condition known as Facial Rhytids (wrinkles). The procedure has been explained to me. I have read the above and understand it. My questions have been answered satisfactorily. I accept the risks and complications of the procedure. I will notify the office of any medical history change.

Patient signature

Date